

OTTAWA  
SKI  
CLUB

# BULLETIN

1969 Programs

January 1st, 1969



## THEFTSAFE

The Gatineau Zone now has a "Theft-safe" reporting system covering all ski areas in the region. Please report all thefts to the local police department and to the Club and Zone Office — 237-3395.

For an ounce of prevention, separate your skis — switch one ski with a friend when you park them to go into a lodge.

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## NIGHT SKIING

Lighted hills are open for night skiing, conditions permitting, six nights a week from 6:30 to 10:30.

Call 827-2323 for latest ski condition report.

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## MIDGET RACING AGE LIMIT RAISED JUVENILE BECOMES JUNIOR "D"

The midget racing age limit has been raised to take in children up to 13 years as of August 31. This new Gatineau Zone ruling replaces the former 12 year limit, and conforms with other zones and the Nancy Greene Ski League.

The former Juvenile classification now becomes Junior "D". Junior D's will include those from 14 to 16 as of August 31. Note that the upper limit for this category has been raised by one year from the old Juvenile category. This makes us consistent with other zones across Canada.

Midget and Juvenile instruction at the OSC will continue the former age classification: midget 6-12, Juvenile 13-15.

## JUVENILE SKI SCHOOL

by *Vernon Doucette*

The Juvenile Ski School is operated by the Ottawa Ski Club to provide free ski instruction to Club members between the ages 13 and 15. The fundamentals of correct skiing are taught by amateur instructors. Each class is made up of about seven pupils of equal skiing ability. There will be a ski-off the first day to grade the pupils.

Classes will run for eight consecutive Saturdays beginning January 6th, from 10:30 a.m. until 12:00. The school will assemble at the bottom of Pee Wee Hill.

Note to parents — Steel-edged skis fitted with safety bindings and leather safety straps are required. Please make sure that the child is dressed for the weather.

For further information phone Vernon Doucette at 722-9691.

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## MIDGET SKI SCHOOL

For parents who wish to register their children in the Midget School this year, the following information may be helpful.

**Registration** — Have the child appear at the hill on the first Saturday at 1:30. Lessons last 1 to 1½ hours. First day will involve ability tests. Children are graded into ability groups designated by colour.

**Location** — Pee Wee Hill.

**Date and Time** — Saturday, Jan. 4, 1969, to Feb. 22, 1969 inclusive (8 weeks)

**Eligibility** — O.S.C. junior members, 6-12 years.

**Cost** — Free.

**Instructors** — Amateur, trained by members of the Camp Fortune professional school.

**Director of School** — Rolly Beaudry, 771-0667.



### CAFETERIA SERVICE

The Club welcomes its new cafeteria concessionaires, Jake and Joan Goneau. They come to you with a good background of experience in large-scale food provision and are equipped to serve the things you want. They welcome your suggestions.

Renovations to cafeterias should now be complete. The changes have been made to serve you, the member, with greater speed and efficiency. We regret any inconvenience caused by the delays experienced at the beginning of the season. Snow came extra-early this year and our construction schedule was geared to a normal season's opening. Your caterer is as anxious to provide service in all cafeterias and lodges as we are to have these lodges open.

We have been waiting for three intricate venting fans and, as a result, the menus the caterer has been able to provide have been limited to items that do not produce excess odours or grease.

We hope you will agree that the final results were worth waiting for.

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### WANTED

A kindly Ski Club member to provide transportation for two young boys, aged 11 and 12, who have no means of traveling to the ski area. These are special cases. Please contact the Ski Club office if you can be of assistance.

### YOUR NEW SKI SYMBOL

The space age has come to the Ottawa Ski Club. The symbol you see on the Cover, represents a modern concept of the two main ingredients that make skiing possible and fun — snow and sun.

The design incorporates the sun whirling through the universe with a snowflake at its centre. Gone are the old crossed skis and poles and the intermingled letters O.S.C.

The design is intended to be eye-catching, appealing, different, and simple. We hope you like it.

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### PARKING

Again this year, parking will be free to members. Three lots, Fortune Valley, Meach Lake Road, and Skyline will be maintained and supervised. We would ask members to please observe the instructions of parking lot attendants. They try hard to maintain organized parking to ensure that the spaces available are used to best advantage.

Cars parked in unauthorized places will be towed away at the owners' risk and expense.

This season, try parking at either Meach Lake Road or Skyline lots and avoid the heavier traffic in the upper valley. Lift tickets are available for sale at both Skyline and Meach Lake lift houses.

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# OTTAWA SKI CLUB

### RULES AND REGULATIONS

The following rules and regulations were passed by the Directors of the Ottawa Ski Club last March. We urge you to abide by them to allow safe and pleasant skiing for all members.

1. Dangerous skiing is not permitted.
2. Toboggans, flying saucers, sleighs or similar objects must not be used on Club property.
3. Tracked vehicles on Ottawa Ski Club trails and in Fortune Valley are not permitted without specific authorization by the Club.
4. Pets must be kept on a leash at all times and are not allowed on hills, trails or in lodges.
5. Safety straps or other restraining devices must be affixed to all release bindings.
6. Ski poles must have complete baskets.
7. Slalom poles must be removed from the hill when not in use.
8. Members must not misuse the lifts by:
  - a) Skiing out of the normal track
  - b) Bouncing up and down
  - c) Getting on where there is no attendantOnly OSCARS on duty, Ski School classes in progress and Race Officials on duty are permitted to bypass lift lines.
9. Profanity must not be used.
10. Federal, Provincial and Municipal laws must not be broken. Drinking by minors will not be tolerated.

**OTTAWA SKI CLUB — GATINEAU SKI ZONE**  
**JUMPING SCHEDULE 1968-69**

<b>Date</b>	<b>Event</b>	<b>Trophy</b>	<b>Class</b>	<b>Ski Area</b>
Dec. 26-30	Eastern Canada Xmas Jumping Clinic			Fortune Valley
Jan. 5	O.S.C. Preliminary Midget Jumping			Fortune Valley
12	O.S.C. Jumping Champ. (Intermediate)	Lockeberg		40 Metre Hill, Intermediate Jump
18-19	Masters Tourney & Kennedy Memorial			Lake Placid, New York
26	G.S.Z. Jumping Champ.		All categories	
Feb. 1-2	Art Lovett Mem. Jumping Champ.			Fortune Valley
1-2	U.S. International Jumping			Leavenworth, Washington
7-8	Ontario H.S. Champ. Jumping			40 Metre Intermediate Hill
8-9	Quebec Division Jumping			Mont Ste. Anne, Que. — 50 m Hill
12	Night Jumping (Universities)			University of Montreal
14-15-16	Canadian Junior Championships			To be announced
16	Dalton Wood Jumping Champs.			Fortune Valley
19	Night Jumping, City of Montreal Champ.			Montreal
23	Eastern Canadian Jumping Champ.			Mt. Carmel, Trois Rivieres
23	U.S. National Jumping			Brattleboro, Vermont
Mar. 1-2	Canadian Senior Jumping Champ.			Revelstoke, B.C.
8-9	North American Jumping Champ.			Locations to be announced later
8-9	O'Keefe International Jumping			announced later
15-16	John Clifford Juv. Skimeister Jumping			Fortune Valley
16	Que. Div. Jr. Jumping Champ. A & B			Mont Ste. Anne, Quebec
22-23	Hull City Jumping Champ.			Fortune Valley

## THE CANADIAN SKI EMBLEM

by Frank Morrall

Tests for the CASA Cross Country Award, the Ski Emblem, will continue to be held at all of the O.S.C. cross country events.

Of interest to Juniors 16 to 17 years of age is that they are included in the Emblem Tests, and the course is only 5 km.

Classes and maximum times allowed, to qualify for emblems:

JUNIORS — 5 km. (3.125 mi.)

Age		Bronze	Silver
16 yrs.	Boys	40 min.	—
16 yrs.	Girls	50 min.	
17 yrs.	Boys	40 min.	35 min.
17 yrs.	Girls	50 min.	40 min.

18 yrs are classed as A class Men and Women for Emblem Test.

MEN — 10 km. (6.25 mi.)

Class	Age	Bronze min.	Silver min.	Gold min.
A	18-34 yrs.	65	60	56
B	35-49 yrs.	70	65	61
C	50 yrs. & over	100	90	70

WOMEN — 5 km. (3.125 mi.)

A	18-34 yrs.	40	37	35
B	35-49 yrs.	45	42	40
C	50 yrs. & over	55	50	45

The Ski Emblem Test is not a cross country race. The individual skier competes only against the maximum time set for the course. The Ski Emblem tests are followed by the Ski Plaque tests. This series of emblem and plaque tests is a C.A.S.A. effort to promote a long term ski fitness programme and every skier is eligible to participate.

To try for your Ski Emblem, and three attempts are allowed each year, be at Camp Fortune Lodge on race days, usually 2:00 p.m. on Saturdays and 11:00 a.m. on Sundays and notify Mr. or Mrs. Morrall and we will be quite pleased to help you get started on your emblem test.

Cross country racers who are unable to take their emblem test at an O.S.C. meet may obtain their test by submitting a published race result in which their time is eligible for the emblem.

### ! WARNING !

We have been asked by Mrs. K. Ryan, President of CFRA Broadcasting Ltd. to make ski club members aware of possible dangers resultant from ice build up and release on the new higher broadcast tower. Warning signs will be put up announcing the danger of falling ice. Please be observant.

## SKI TOURING NOTES

by Murray Anderson

Please note one change in the first part of the schedule: Keith Arnold is planning a New Year's Day family type trip, this replaces the Sunday, December 29th trip listed in the last bulletin.

### 1968-69 Schedule of Trips

Please save it

Dec. 22	*	Route Depends on Snow	Murray Anderson, 232-0198
Jan. 1	*	New Year's Day	Keith Arnold, 234-3325
	**	Luskville Area	Peter Brogden, 828-2282
12	**	Meach Lake Country	Ingrid Hart, 827-0858
19	**	Lac Philippe	Ted Whalley, 746-0297
26	**	West from McClosky's	Murray Hunter, 746-1171
Feb. 2	**	Wakefield	Doug Martin, 746-0216
9	**	Harrington Lake	Jim Bennett, 234-9108
16	***	La Corniche	Roman Grabowski, 733-5338
23	**	Leader's Choice	Margaret Forsey, 729-4582
Mar. 2		No trip in favor of Marathon	
9	***	Cantley Area	Hans Weber, 777-1241
16	**	Leader's Choice	Helen Forsey, 232-0367

Adirondack Weekend: February 23, with organization by Stan Rosenbaum (235-2084). This will occupy the whole weekend and is a winter camping trip. Either touring skis, properly waxed, or downhill skis with Ramy or similar bindings adapted for touring are required.

The trips are marked as easy (\*), average (\*\*), or more difficult than average (\*\*\*) in order to give some idea of ability required. Generally speaking, trips range from about 9 to 20 miles. The terrain to be covered also influences the grading of the trip. Snow conditions are not taken into account.

Think MORE Snow!

### TRAIL CLOSING

Trails are officially closed at 4:30. Checks or sweeps start shortly after that, so please be off the trails by that time for your own safety.



# 1969 OTTAWA SKI CLUB AND GATINEAU ZONE

## MIDGET RACING SCHEDULE

Date	Place	Event	Class	Time	Hill	Type
Jan. 5	Camp Fortune	Giant Slalom	All Midgets	11:00 a.m.	Marshall	O.S.C.
5	Camp Fortune	Slalom	All Midgets	2:00 p.m.	Marshall	O.S.C.
12	Camp Fortune	Jumping	All Midgets	11:00 a.m.	Midget Jump	O.S.C.
12	Camp Fortune	Cross Country	All Midgets	2:00 p.m.		O.S.C.
19	Vorlage	Giant Slalom	"A" Midgets only	2:00 p.m.	Lookout	Zone
Feb. 2	Edelweiss	Giant Slalom	"A" Midgets only	2:00 p.m.	Zoomer	Zone
9	Camp Fortune	Jumping	All Midgets	11:00 a.m.	Midget Jump	Zone
9	Camp Fortune	Cross Country	All Midgets	2:00 p.m.		Zone
16	Camp Fortune	Giant Slalom	"B" Midgets only	11:00 a.m.	Marshall	O.S.C.
16	Camp Fortune	Slalom	"B" Midgets only	2:00 p.m.	Marshall	O.S.C.
16	Candiac	Giant Slalom	"A" Midgets only	11:00 a.m.		Zone
16	Candiac	Slalom	"A" Midgets only	2:00 p.m.		Zone
23	Napanee	Slalom (2 run)	"A" Midgets only	12:00 noon		Zone
Mar. 2	Mont. Ste. Marie	Giant Slalom	"A" Midgets only	11:00 a.m.	No. 2 Trail	Zone
2	Mont. Ste. Marie	Slalom	"A" Midgets only	2:00 p.m.	No. 1 Trail	Zone
8	Camp Fortune	Giant Slalom	"A" Midgets only	11:00 a.m.	Skyline	Zone
8	Camp Fortune	Slalom	"A" Midgets only	2:00 p.m.	Skyline	Zone
9	Camp Fortune	Jumping	All Midgets	10:30 a.m.	Midget Jump	Zone
9	Camp Fortune	Cross Country	All Midgets	1:30 p.m.		Zone

## ON THE TRAILS

by Richard Cowan

Ferdie Chapman was made an Honorary Life Member of the Ottawa Ski Club at the Annual General Meeting this year in recognition of the tremendous effort over many years that he has spent developing and constructing the ski trail system.

Four hundred and eighty man days have been spent by the Trail Riders preparing the trails, repairing the bridges, draining swamps, and filling the wood sheds in preparation for this winter. The Huron Trail was straightened out where it crosses the Burma Road at the Ramparts and the Chicken Run was recut on higher ground between Journey's End and the Log Cabin Trail. A group of trail skiers has again touched up the red marker buttons on our Ski Trails: Gordon Hurlbert, Bill Grant and Harmon Cahill are to be thanked for doing this job. In addition seventy new direction signs have been placed at junctions of trails and as well 800 additional red trail marker buttons have been put up.

Many people have asked why numbers appear on our trails. These have been put up at strategic locations to help skiers orient themselves with the Ski Trail Map. They also make it easy to describe the location of an accident. This information may then be accurately transmitted to the OSCARS.

All our trails bear name signs at each end and as well at the junction of other trails. Unfortunately there has been a lot of vandalism in November just before the Parkway was closed and a number of

signs were destroyed. If you find any places where you feel that a sign would help please let me know.

Ski Trail maps are available free from the Caretaker at Keogan Lodge.

Mrs. Peter Glynn will again convene the Annual Shilly Shally Fun Races for children. A Trail Skiers Supper will again be held in the spring.

New garbage receptacles for unburnable garbage have been placed in all the trail lodges and all the members using the lodges are requested to use them. This will help to keep our trail lodges tidy.

### *Touring Badges*

Touring badges will again be available this year. Keep track of your mileage skied on the trails and apply for these badges. You may include any mileage skied in the Canadian Marathon Ski Tour. All you have to do to participate is keep a log of your trips, dates, distances covered, and send your application to Richard Cowan, 305A First Avenue at the end of the ski season.

## TRAIL SKIING — WHAT'S AVAILABLE

The Ottawa Ski Club maintains 60 miles of trails and three trail lodges. Fortune Lodge is usually the starting point for skiers setting out on the trails. This lodge has a waxing room where you may prepare your skis. It has excellent cafeteria service on weekends but for those who wish to cook their own meals, cooking facilities with pots and pans are provided. One and a half miles west of Fortune at the junction of Ridge Road and Keogan Road is Keogan Lodge. This lodge is open on weekends only and has a caretaker in attendance; pots and pans are provided for cooking; there is no cafeteria. A mile further west of Keogan Lodge on the Ridge Road is Huron Lodge. This lodge has cooking facilities and no cafeteria. It is usually open on weekends only. Four miles by the Ridge Road or three and three quarter miles by way of the Western Trail from Camp Fortune is Western Lodge at the end of the Western Trail. It is equipped with cooking facilities but no cafeteria. It is open at all times. Huron Lodge and Western Lodge are maintained by the skiers who use them. Please do your share to help.

All Trail Lodges west of Camp Fortune are linked together by bush telephone, so in case of emergency word can be relayed to Camp Fortune for assistance.

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**OTTAWA SKI CLUB — GATINEAU SKI ZONE**

**ALPINE RACE SCHEDULE 1968-69**

<b>Date</b>	<b>Event</b>	<b>Trophy</b>	<b>Class</b>	<b>Ski Area</b>	<b>Time</b>
Dec. 26- Jan. 5	Xmas Clinic		A, B, C, D. & Midgets	Fortune Valley	9:30 a.m. Clinic Preliminary 10:00 a.m.-2:00 p.m.
4-5*	Division Points Race		Open (except Midgets)	Mt. Stoneham	
5	O.S.C. Midget GS and Sl.	Nil	Midget	Fortune Valley	GS 11 a.m., Sl 2 p.m.
11*	O.S.C. Championships	Alex W. Southam Toller-McTavish	Open (except Midgets)	Fortune Valley	10:00 a.m. Sat. & Sun.
11	Norman Smith "D" Class	Norman Smith		Edelweiss	11:00 a.m.
12	Petawawa Midget		Midget	Deep River	1:00 p.m.
11-12*	Division Points Race		Open A, B, C.	Thetford Mines	
18	"C" and "D" Class	Gnaedinger	C. and D.	Vorlage	
18-19*	Nordic Ski Club	Nordic	Open A. and B.	St. Sauveur	
19	Giant Slalom Midget	T.B.A.	A. Midgets only	Vorlage	2:00 p.m.
19	O'Keefe Recreational	O'Keefe	Rec. Skiers	Vorlage	11:00 a.m.
19	Giant Slalom and Slalom		Midget A. and B.	Petawawa	11:00 a.m.-1:00 p.m.
24-25	Carleton U. Invit. 4-Way		No class	Fortune Valley	GS Fri. a.m. Sl Sat. a.m.
25-26*	Quebec Division Champ.		A. and B.	Owlshead	11:00 a.m.
26	Zone Giant Slalom		C. and D.	Fortune Valley	11:00 a.m.
26	"A" and "B" Class GS	Simpsons-Sears		Vorlage	1:30 p.m.
Feb. 1-2**	Taschereau	Taschereau Pontiac Cup	Open A. and B.	Mt. Tremblant	
1-2	Art Lovett Mem. Jr. 4-Way	Art Lovett		Fortune Valley	10:00 a.m.
2	Midget Giant Slalom		A. Midgets only	Edelweiss	2:00 p.m.
2	Midget Slalom		Open all Midgets	Petawawa	
2	O'Keefe Recreational	O'Keefe	Rec. Skiers	Mt. Ste. Marie	2:00 p.m.
7-8	Ont. School Boy 4-Way Champ.			Fortune Valley	
8-9**	Adams Memorial	Adams	Open A. and B.	Mt. Orford	
8-9*	Gat. Zone A-B Champ, Sl & GS	City of Ottawa	Open A. and B.	Fortune Valley	11:00 a.m.
12	Edelweiss Challenge Cup		A, B, C.	Edelweiss	8:00 p.m.
13	Armed Forces Invitational	T.B.A.		Fortune Valley	10:00 a.m.
15-16**	Pontiac Cup National		A. and B. Open	Brompton, Que.	



15-16	Dalton Wood High School	Dalton Wood, Journal - Citizen	No class	Fortune Valley	10:00 a.m.
16	Midget Giant Slalom and Slalom		B. Midget only	Fortune Valley	GS 11 a.m., Sl 2 p.m.
16	Midget "A" GS and Sl.		A. Midget only	Candiac	GS 11 a.m., Sl 2 p.m.
15	A and B Class Giant Slalom		A. and B.	Mt. Ste. Marie	1:30 p.m.
22-23*	Que. Div. A and B Open		A. and B. Open	Mt. Blanc	
22	Zone C&D Class Alpine Com.	Chas. Ogilvy	C. and D. Class	Fortune Valley	GS 11 a.m., Sl 2 p.m.
23	"A" Midget 2-Run Slalom			Nacona	12:00 noon
26	O'Keefe Recreational		Rec. Skiers	Carlington	8:00 p.m.
Mar. 1	Gatineau Zone Champ.	Journal		Fortune Valley	
2	Midget Invitational	Optimist, B. O'Brien, B. Keenan	A. Midgets	Mt. Ste. Marie	GS 11 a.m., Sl 2 p.m.
4	Press, Radio & TV vs. Rough Riders & Nat. Team		Open	Carlington	8:00 p.m.
8-9**	Quebec Kandahar	Red Birds		Mt. Tremblant	
8-9*	Gat. Zone Midget 4-Way	B. Fawcett, F. W. White, E. Danjaw	A Midgets only	Fortune Valley	GS 11 a.m., Sl 2 p.m.
8	Anne Heggtveit Girls Team Race Slalom and GS		HS Teams	Vorlage	
9	O'Keefe Recreational	O'Keefe	Rec. Skiers	Edelweiss	2:00 p.m.
12	OSC Night Slalom	Club Awards	Open	Fortune Valley	8:00 p.m.
12**	Nat. DuMaurier Pontiac			Mt. Ste. Marie	
15	Chris Klotz Giant Slalom	Chris Klotz	A. B. C. Open	Edelweiss	2:00 p.m.
15	John Clifford "D" Skimeister	J. Clifford, R. O'Keefe		Mt. Ste. Marie	
16	O'Keefe Recreational	O'Keefe	Rec. Skiers	Fortune Valley	2:00 p.m.
22-23*	Jean Lessard			Mt. Sutton	
22	O'Keefe Veterans Race	O'Keefe	32-40, 41-50, 51-up	Fortune Valley	
23	Mt. Ste. Marie Grand Prix			Mt. Ste. Marie	
29-30	John Fripp Family Race	J. Fripp Family	One parent plus two children	Edelweiss	
29-30*	Slalom Derby			Rimouski	
Apr. 6	Cuspidor Costume Race			Fortune Valley	
6	Sugar Slalom			Edelweiss	

\* Quebec Division Points

\*\* National Points

## 1969 CANADIAN MARATHON SKI TOUR

by *Robert Bolduc*

What is the Ski Tour all about? Well, for those who haven't heard, it's one of the biggest Nordic events in Canada. On the international scene it ranks with the "Vasaloppet" and for that matter is longer than this world famous event. The Marathon first took place in 1967 as a recognized Centennial Event and again last year as an approved Canadian Ski Association National Event.

Morin Heights to Ottawa is the planned route for 1969 and will cover 100 miles. The date will be March 1st and 2nd, and the mid way overnight stop will be Portage de la Nation.

This is primarily a tour designed so that cross-country skiers of all ages and abilities may spend an enjoyable and leisurely skiing weekend in some of Canada's finest natural settings. Tourers will be organized into five member teams with each member skiing an easy ten miles or so per day. Participants may form a relay team of their family, club mates, friends or simply submit their names to the Entry Committee who will then place them on a team. For further information, contact the O.S.C. office.

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## TRADING POST

by *Paul Lajoie*

The Trading Post operating area was expanded again this year by using the entire Alexander Lodge area except for the cafeteria space.

We instituted some changes in the system in an attempt to speed up incoming merchandise and sales and we also increased the number of working personnel. Still, there were many occasions when the large clientele strained our facilities. It is heartening, however, to the organizers that the Trading Post is such a huge success every year.

Our reputation is expanding geographically to points such as Toronto, Pembroke, Kingston, Cornwall, Lachine, Beaconsfield, St. Marguerite, and even Upper New York State. We had correspondence from all those points.

Complaints have ranged from lack of eating space to insufficient time to pick up the unsold merchandise. We hope to continue improving the system to satisfy most people.

Statistically, some 3,400 items of merchandise were received for sale, including skis, boots, fittings, ski gloves, skates, sweaters, jackets, slacks, knickers, ski racks, and even a pair of thermal ski socks. Of these, about 2,800 items were sold, 400 returned to owners, and 215 placed in storage.

Some 325 cheques were written and mailed during the two weeks following the end of the Trading Post operations. These cheques represent several thousands of dollars of unclaimed money for articles sold.

The gross sales were approximately \$39,500.00 — an increase of more than \$10,000.00 over last year and \$20,000.00 over 1966.

Some 1,600 man hours of labour were expended to operate the Trading Post so successfully. This included about 330 hours contributed by various members of the Ottawa Ski Club Aid and Rescue (OSCAR) personnel, for which we are most thankful.

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## JUMPING REPORT

by *Fred Morris*

The jumping training program for all categories of skiers began on Saturday, Dec. 14th at 10:00 a.m. on the midget, intermediate and Lockeberg jump hills.

Some jumping skis are available for midgets, juniors and seniors who fully participate in the jumping instructional program.

National team coaches are involved in the Club's program and individuals showing a sincere desire and who has the potential are given every opportunity to improve and develop into international competitors.

We also welcome parents becoming involved in the jumping program either on the jumping committee or just plain helping out to keep the jumping hills in shape with packing and cross-checking.

The coaches are as follows: Head Coach Ray Desrochers, Midget, Jacques Berniquez; Senior, Rheel Seguin; Assistant coaches: Gerry Gravelle, Russ Smart, Stig Sjolund, Fred Morris.

The Jumping Committee wishes to thank Paul Lajoie and Lucien Isabelle for their help and support in supplying jumping skis to our competitors and members through funds supplied from their Trading Post operations.



OTTAWA SKI CLUB — GATINEAU SKI ZONE

NORDIC RACE SCHEDULE 1968-69

Date	Event	Trophy	Class	Ski Area	Time
Dec. 27-30	Training Camp for Que. Div.	N/A	A and B Team Ladies and Men	Viking Ski Club, Morin Heights	T.B.A.
29	Preliminary & Invitational	N/A	All Classes	O.S.C. Fortune Val.	11:00 a.m.
Jan. 5	Quebec Relay Champ. & Viking Open Relay		Ladies, Men	Viking Ski Club, Morin Heights	T.B.A.
5	Ski Tour to Luskvill Area, contact P. Brogden, 828-2282				T.B.A.
12	O.S.C. Champ. & Invitational	Kirby-Army	All Classes	O.S.C. Fortune Val.	2:00 p.m.
12	Ski Tour to Meach Lake Area, contact I. Hart, 827-0850				T.B.A.
12	O.S.C. Midget Preliminary		Midgets only (4-Way event)	Fortune Valley	11:00 a.m.
19	Ski Tour to Lac Phillippe Area, contact T. Whalley, 746-0397				T.B.A.
24-25	Carleton U. Invitational				Fri. p.m.; Sat. - Jump
19-20	G.S.Z. Championships	Lady Willingdon Royal Bank	All	O.S.C. Fortune Valley	11:00 a.m.
26	Laurentia Ski Zone Champ., 15 and 5 km.		All	Red Birds Ski Club, Ste. Hilaire	T.B.A.
26	Ski Tour West from McCloskey, contact M. Hunter, 746-1171				T.B.A.
Feb. 2	Art Lovett Mem. Champ.	Journal-Citizen	All - 4-Way event	Fortune Valley	T.B.A.
2	Ski Tour to Wakefield Area, contact D. Martin, 746-0216				T.B.A.
7-8	Ontario High School Boy Champ.		All	Fortune Valley	T.B.A.
9	G.S.Z. Midget Champ.	F. Cooke-Morrall	Midgets only, 4-Way event	Fortune Valley	2:00 p.m.
9	Quebec Division Champ.		Ladies, Men, Veterans	Club Oopik, Tewkesbury	T.B.A.
9	Ski Tour to Harrington Lake, contact R. Grabowski, 733-5338				T.B.A.
14-16	Canadian Junior		Juniors only	Hickory Wing S.C., Rossland, B.C.	T.B.A.
15-16	Dalton Wood HS Champ.		All (4-Way event)	Fortune Valley	T.B.A.
16-23	Canadian Senior Champ.		Seniors only	Camrose, Alta.	T.B.A.
16	Ski Tour to La Corniche, c'tact R. Grabowski, 733-5338				T.B.A.
23	Quebec Division Jr. Champ., 5 km. and Relay		Juniors only	Viking Ski Club, Morin Heights	T.B.A.
Mar. 1-2	Canadian Marathon Ski Tour	O'Keefe	All	C.A.S.A. Rec. Com., Morin Heights to Fortune Valley	T.B.A.
7-9	North American Champ.		Seniors only	Voima Athletic Club, Sudbury, Ont.	T.B.A.
7	Quebec Champ., 30 km.		Men and Veterans	Castor Ski Club, Val Cartier	T.B.A.
9	G.S.Z. Midget Skimeister		Midgets only, 4-Way event	Fortune Valley	1:30 p.m.
16	John Clifford Skimeister		Junior "D" only	Fortune Valley	11:00 a.m.

N.B. Midget to 13 years; Junior from 14-19 years; Senior from 20-34 years; Veterans from 35 years up.



## LADIES COMMITTEE NEWS

by Noreen Cunningham

First of all, I would like to thank those ladies who phoned Dorothy Babbitt and offered their help in the various programs this season. We would like to hear from you also—we believe in recruiting early for the luncheon and race in March!

### Mini-midget Program

Once again, the response to this program has been overwhelming. Those who have not applied for Club membership by November 30th have had to be placed on a waiting list. Parents of registered children will receive detailed information by mail early in January before the lessons begin on Wednesday, January 15th. Connie's Lodge will be open Wednesday, January 8th, for children enrolled in the Mini-Midget Program.

### Slalom Class

We would like to hear from those ladies who are interested in slalom lessons. Would you please call Barbara Tevlin—825-2196 or Claire McElligott—224-7831 as soon as possible so that we can make further arrangements for this program.

### Trail Skiing

This popular part of our program will be in the hands of Elizabeth Schriever. Tentative dates for two outings are Thursday, January 16th and Thursday, February 13th, so come along and enjoy another part of skiing that many are missing for lack of trail companions. Watch for further information on the bulletin board in Alexander Lodge in January.

### Laurietan Trip

Thursday, February 6th, is the tentative date for our annual jaunt to Mont Gabriel, Que. Posters will be placed in Alexander, Fortune and Lockeberg Lodges in January giving further information.

## SEARCH AND RESCUE

One of the many tasks carried out by the Ottawa Ski Club Trail Riders is the mounting of searches for lost skiers when required. We would ask for your co-operation in reporting lost skiers promptly; do not wait until everyone has left the Camp Fortune ski area before sounding the alarm. Report any lost person to the OSCARS or the OSC Office at Camp Fortune and they will pass along the message to the Trail Riders. Please do not report a person lost and then go out and search yourself; wait until you can give the Trail Riders a description and name of the missing person. If you find the person for whom you have requested a search please advise the Trail Riders before going home. If you are not familiar with the trails, leave the searching to accredited club units who are equipped with headlamps for working at night.

## BABY SITTING

by Betty Bell

Connie's Lodge is filled to capacity on Tuesdays and Saturdays for the coming season. There is still room for a few more children on Thursday and on Sunday. Friday we can take a great many more children—17 in fact—so anyone who has been undecided about skiing on Friday, please send in your application. Friday is a good day to have a lesson, then you can surprise your husband with the progress you have made when you ski with him on Saturday. Our thanks to all of you who sent your applications in so promptly this year.

### Luncheon and Race

Friday, March 7th, is the tentative date for winding up the ladies' program in grand style. There'll be trophies, pins and prizes.



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## THE CANADIAN SKI BADGE

by Frank Morrall

Tests for the C.A.S.A. Ski Badge for the 10 to 15 year old skiers will continue to be held at Camp Fortune Lodge.

The course is 2.5 kilometers (1½ miles). The ages, badges and maximum times to qualify are:

Age		Boys min.	Girls min.
10 yrs.	Bronze Badge	25	30
11 yrs.	Bronze Laurel	22.5	27.5
12 yrs.	Silver Badge	20	25
13 yrs.	Silver Laurel	17.5	22.5
14 yrs.	Gold Badge	17	20
15 yrs.	Gold Laurel	15	18

The Canadian Ski Badge Test is not a race. It is just to prove that as an individual, you can do 2.5 km. in the required time. Your age the day you take the test is the age group you compete in. Three attempts to win your badge are allowed each year.

As most of the badge tests take place at the Midget cross country races, the 13 to 15 year old skiers may fore-run or sweep the Midget course and their time will be used to qualify for their Ski Badge.

The ski badges are obtained from Mr. or Mrs. Morrall and the cost of the badge is 50 cents for the bronze, silver and gold, and 75 cents for the laurel.

The badges will be on display in the entrance to Fortune Lodge.

## LETTERS TO THE EDITOR

Monsieur le rédacteur,

L'article par Henri Boivin intitulé "Petit Vocabulaire du Ski" paru dans votre Bulletin du 12 novembre fut tellement apprécié. Il a été présenté de façon intéressante et je suis sûre qu'il a su intéresser plusieurs personnes. Il n'y a plus de raison maintenant d'employer des anglicismes en discutant de notre sport favori, et un gros merci va à Monsieur Boivin pour ses recherches.

Lucille Gelinas

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## CAMP FORTUNE SKI SCHOOL

### Ski Doves

This 10 week ladies instruction programme offers one-a-week classes January 7 to March 14 for 1½ hours at 10:30 a.m. or 1:30 p.m., Tuesday through Friday (except Thursday 1:30 p.m.).

Fee: \$20.00 for a 10-lesson book — \$18.00 for an 8-lesson book

### Children's Saturday Sessions

Small classes with the same qualified professional instructor each Saturday are offered to children 6 to 14 years of age, by the Camp Fortune Ski School. The first session starts January 4 and runs for five Saturdays to February 1. The second session starts February 8 and runs for five Saturdays to March 8. Classes will gather at the Ski School Bell at either 10:00 a.m. or 1:00 p.m.

Fee: \$10.00 for a 5-lesson book

**Register now** by phoning 827-2733, or drop in to the Ski School Chalet located beside the Ski Shop in Fortune Valley.

### Weekend Classes Information

Times: Saturday and Sunday — 11:00 a.m. and 2:00 p.m.

Duration: 1 to 3 persons — 1 hour.

4 to 10 persons — 1½ hours.

Rates: Single-Class Lessons — Adults \$3.00, Students \$2.00

5-lesson book — \$13.00; 10-lesson book — \$24.00

Private Lessons: By appointment at the Ski School Chalet or call 827-2733

Rates: 1 per son for 1 hour — \$7.00, each additional person — \$3.00



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